



“YOU ARE WORTH FIGHTING FOR!”

A SELF-DEFENSE SEMINAR FOR WOMEN AGE 18 & OLDER

*Learn why you are worth fighting for thru Biblical teaching,
worship and self-defense techniques*

**SATURDAY, JANUARY 17, 2009
9 AM TO 3:30 PM**

COST: \$15.00 (LUNCH AND T-SHIRT INCLUDED)

SIGN UP EARLY—ONLY 30 SPOTS AVAILABLE

QUESTIONS: CALL DIANE @ 248.765.0725

REGISTRATION DEADLINE: JANUARY 9, 2009

PLEASE MAKE CHECK OR MONEY ORDER PAYABLE TO SHIELD OF FAITH KARATE AND
MAIL WITH REGISTRATION FORM BELOW TO:

SHIELD OF FAITH KARATE
3581 ORIOLE
TROY, MI 48084

Tear-off & Return

Please Print Clearly

Name: _____

Address: _____

City: _____ Zip: _____

Home Phone: _____ Cell: _____

E-Mail: _____

Please Indicate T-Shirt Size and Lunch Selection Below

T-Shirt Size: _____

Adult Sizes:

S, M, L, XL, XXL

Lunch Choice:

Vegetarian: _____

Non-Vegetarian: _____

God is within her, she will not fall; God will help her at the break of day. Psalm 46:5 NIV